

Seaside Special Open Meet 2020 Friday 10th -­­ Sunday 12th JULY 2020

East Riding Leisure Bridlington YO15 2QQ Ages as of Midnight 12th JULY 2020

Individual entries: £6.00. 800/1500m Entries: £12.00 ( NO Payment until confirmed)

Swimmer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ASA\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Friday Evening – Session 1 Warm-­­up: 6.00pm, First heat: 6:30pm

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| 101 | Boys – 800m Freestyle |
| 102 | Girls – 1500m Freestyle |
| 103 | Boys – 1500m Freestyle |
| 104 | Girls – 800m Freestyle |

Saturday Morning – Session 2 Warm-­­up: 8.00am, First heat: 9:15am

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| 201 | Girls / Boys -­­ 400m Individual Medley |
| 202 | Boys – 200m Freestyle |
| 203 | Girls – 200m Butterfly |
| 204 | Boys – 100m Breaststroke |
| 205 | Girls – 100m Breaststroke |
| 206 | Boys – 200m Butterfly |
| 207 | Girls – 200m Freestyle |
| 208 | Boys – 100m Individual Medley |

Saturday Afternoon – Session 3 Warm-­­up: 1:00pm, First heat: 2:15pm

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| 301 | Senior 4 x 100 Mixed Medley Relay |
| 302 | Girls – 100m Butterfly |
| 303 | Boys – 100m Butterfly |
| 304 | Girls – 200m Individual Medley |
| 305 | Boys – 50m Freestyle |
| 306 | Girls – 50m Freestyle |
| 307 | Boys – 200m Breaststroke |
| 308 | Girls – 200m Backstroke |

Sunday Morning – Session 5 Warm-­­up: 8.00am, First heat: 9:15am

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| 401 | Girls / Boys – 400m Freestyle |
| 402 | Girls – 200m Breaststroke |
| 403 | Boys – 200m Backstroke |
| 404 | Girls – 100m Freestyle |
| 405 | Boys – 100m Freestyle |
| 406 | Girls – 50m Backstroke |
| 407 | Boys – 50m Backstroke |
| 408 | Girls – 100m Individual Medley |

Sunday Afternoon – Session 5 Warm-­­up: 1:00pm, First heat: 2:15pm

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| 501 | Junior 4 x 50 Mixed Medley Relay |
| 502 | Boys – 100m Backstroke |
| 503 | Girls – 100m Backstroke |
| 504 | Boys – 50m Breaststroke |
| 505 | Girls – 50m Breaststroke |
| 506 | Boys – 200m Individual Medley |
| 507 | Girls – 50m Butterfly |
| 508 | Boys – 50m Butterfly |